Farewell Anton . .

"I really enjoyed going to school here. Although it was very different from what I know from Germany, I really liked it. I had the subjects VET Engineering, Design and Tech, VC&D, Physics, Math CAS and English. In Germany we have ten subjects and a few hours school more per week, so I really enjoyed being able to concentrate on a few subjects instead of doing everything a little bit.

Although this school isn’t very big, you never feel like you wouldn’t have someone to talk to, because all the people I met were really nice and welcomed me into their community. I liked the fact that one is able to create something in VET Engineering and Design and Tech, because we do not have practical subjects where we actually build something in Germany, instead of that we just learn how to theoretically do it, so that are only some reasons why I enjoyed my time here. All that’s left to say is Thank You to everyone here!"

9Alive raise money for Street Swags

While Lyn Kerr has been taking a well deserved break, three Year Nine students have been busy running the canteen each Monday. This has been part of their project work for Future Makers as well as a fundraiser for the Street Swags organization.

The steps the students have had to undertake have included planning the menu with the help of Brooke Rasmussen, decide on an organization to support as a fundraiser, cook the food on Mondays and then send the money off to the Street Swag organization.

The organization was decided by the students, as they identified they wanted to assist the homeless and felt that raising money for this organization was the best way to do this. Street Swags, for those not familiar with it, assist homeless people through providing services as well as Backpack Beds for those people living without a home. The beds cost $85.00 each.

Over the four Mondays students raised over $340.00 which will purchase four of these Backpack Beds. The students involved (Katie Jackson, Cloe Gilchrist, Susie Bear) should be proud of their efforts, particularly as their original goal was to raise enough money to purchase three of the Beds. - 9 Alive

Information Evening for Year 9 students going into Year 10 in 2016, will be held on Wednesday 9th Sept. 7pm in the Library.
Dear Parents/Guardians,

CSEF – Camps, Sports and Excursion Fund.

To be eligible for the fund, a parent or legal guardian of a student attending a registered Government or non-government Victorian primary or secondary school must:

- Be an eligible beneficiary within the meaning of the State Concessions Act 2004, that is, be the holder of a Veterans Affairs Gold Card or be an eligible Centrelink Health Care Card (HCC) or Pensioner Concession Card (PCC) holder, or
- Be a temporary foster parent, or
- Submit an application to the school by the due date.

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above.

The amount payable for eligible primary and secondary students is:

- $125 for Primary school students.
- $225 for Secondary school students.

The CSEF is an annual payment to the school of the eligible applicant.

The CSEF will be available for schools to enter application information into the online CSEF web system from term two each year.

CSEF payments will be processed directly to schools and are expected to commence from term three each year.

CSEF payments are for the application year and cannot be claimed retrospectively for prior years.

Families holding a valid health care card are eligible to apply for the Camps, Sports and Excursion Fund (CSEF). Payments will be sent directly to your child’s school to cover all costs associated with Camps, Sports and Excursions.

Application forms are available at the school office.

Year 8 Boys Badminton

Last week new State contenders Hayden Weller, Casey Fenton, Braiden and Jacob Mc all travelled to Wangaratta Barr Reserve for the Regional Championships with Shane Mc, and Tyneaka Roach as ‘super coach’.

With Wangaratta High not making it, they were forced to play the tough Wanganui HS for a great win, winning five out of the six possible sets. They then played Broadford HS with plenty of time to spare. They decided to play the best out of three sets and the boys came off with another great win; 10 sets to 4, sending them to the State Championships being held in Melbourne later this year.

It can still get a little cool in the theatre in this weather, so wear some warm clothes.

Cost: $28 - includes BBQ tea, film showing, discussion and supper. Children half price.

Bookings essential for catering please by the Wednesday prior to the film night to: Lois Hotson – Ph (03) 57 261 358 Email: hotson@westnet.com.au

We have an Early-bird concession price of $25 if payment is received by the Wednesday prior to the film night

Payment can be made at Chiltern Post office or by Direct Debit to BSB 063 744 CBA Act no 10029531.

Chiltern Rutherglen Continuing Education. Please include your name & course in reference line.

Other film dates for this year:

- September:
  - “Second-hand Wedding” 2008 Comedy /drama.
  - “French for travellers ! ” Tutor is Jean-Francois Rupp. 3 x 1 ½ hr sessions Tuesday evenings 1st, 8th & 15th September
  - “Sausage making” with Greg Roberts - Saturday 12th September 10 am to 12.30pm at Rutherglen. Cost: $90
  - “Cheesemaking” on the weekend of 24 & 25th October, with Diane Thomas. Make Tome, Feta, Haloumi, Brie & others.
  - “Mosaics” Saturday 10th or Sunday 11th October with Lucy Porter. Make a decorative feature for your garden.

Register your interest!

Bookings & enquiries for any programs to: Lois Hotson – Ph (03) 57 261 358 Email: hotson@westnet.com.au or contact : Emma & Matt at Chiltern Post Office.

Senior Girls State Hockey

The Senior girls team competed last week in the SSV State Championship, where they defeated Frankston H.S. 2-0; went on to defeat Edenhope H.S. 3-0, and were defeated by Melbourne G.C. 3-2, in a nail-biting match. Very well done girls, in what proved to be an interesting and challenging final. Best players were Grace Ronnfeldt, Britanny Rosewarne and Georgie James.

SEPTEMBER SPORTS . . .

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CHILTERN RUTHERGLEN CONTINUING EDUCATION GROUP

Australian Classic Movie Nights at 6.45pm at Chiltern’s Star Theatre

The next film night is on Saturday 29th August at 6.45pm:

“Second-hand Wedding” 2008 Comedy /drama.

Follows the fortunes of the Rose family of New Zealand where the sunsets are spectacular, parking is still free & bargains abound. Jill & Brian are happily married & looking forward to their daughter’s wedding. Clouds gather however when it becomes clear that Cheryl has issues with her mother’s voracious bargain hunting at garage sales, which she fears will ruin the wedding.

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2015 sees Rutherglen High School taking its biggest team of animals and students in our short history showing steers and heifers.

This year we will take eight steers and heifers to the Royal Melbourne Show to compete in a number of different events. The cattle this year as a group are probably the best cattle we have taken and we are all quietly confident that we can achieve pleasing results across a number of different classes.

The cattle we will be taking include a steer bred from the school program. This is a pure bred Welsh Black. Col and Tanya Sedgman have once again donated another pure bred Welsh Black and this animal has been a pleasure to lead.

We also have two Angus steers, one donated once again by Rowley Bennett from Fernhill Angus Stud and another donated by Dane Martin from Wangaratta. He happens to be Gab Robinson’s SBAT boss.

This is the first time Dane has donated to the program and we appreciate his assistance.

The final two animals making up the team are a Charolais Cross Welsh Black heifer. She has a big frame and plenty of size and we are also hopeful she will do well in her class. Also we have a Murray Grey steer which was bred by Gab Robinson and while it was a little slow to put on condition, over the past 6 weeks has made good gains which should see it meet fat requirements for its weight.

The students of the Cattle team wish to thank each of these breeders for donating cattle to the school as without cattle there is no experience for these students at the Melbourne Show.

COROWA RUTHERGLEN JUNIOR FOOTBALL CLUB
Annual General Meeting
Monday 31st August 2015, 6pm at club rooms

We would like to invite everyone to join us next Monday night at our Annual General Meeting. We are looking for volunteers to fill the following positions: President, Secretary, Canteen Coordinator and also new committee members. We are always open to new ideas and fresh enthusiasm. Our priority is based on the kids having fun while they exercise and creating a friendly social environment for all involved.

Rutherglen CWA Evening Branch Proposal
September the 7th at 7pm at Glenview, Rutherglen.
Enquiries: 0400 682 261 Rossyln,
We look forward to seeing you

Rutherglen High School

Hopeful of Success at the Royal Melbourne Show

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Health Corner - Gaming Addiction

Modern computer games can be fantastically engaging, rewarding and stimulating. Online games often go further and can provide a sense of belonging, community and purpose, however these factors that make games so enjoyable can also make them so compelling to the point of addiction. Games can become the place to become powerful, confident, competent and respected and this powerful lure is a key reason for the rapid growth of young people experiencing addiction to computer games and online gambling.

Gaming addiction is often invisible, a gaming addict does not get into trouble with police, they don’t end up on the streets or turn up at school or work intoxicated, you can do it all from the comfort of your home. Some indications that gaming could be a problem could be:

- Preoccupation with internet games;
- Spending increased amount of time engaged in internet games;
- Other areas of your life being ignored or affected by gaming preoccupation;
- Jeopardising jobs, relationships or education because of participation in gaming;
- Is it not just fun?? Is there a compulsion?? Are you willing to spend money to increase your competitive chances???

The amount of time some students spend playing computer games is interfering with their academic achievements, their sleeping patterns and their social skills and networks. Learning how to moderate this time is an important life lesson.

Fortunately this problem is being recognised more widely and some resources are available to assist. Some suitable websites for information are:

- www.Netaddiction.co.nz
- www.video-game-addiction.org

Linda Elkington  Adolescent Health Nurse

SRC  Reps gave up their lunch break last week to volunteer some time in the Children’s ward at Albury Base Hospital.

Daniel Hatley, Mel Curran, Sarah Arnold, Amy Arnold, Courteney Shannon, Timeeka George, Lach Henry & James White. Lach reports that “... the kids we visited were more up-beat than we were expecting. We thought it might have been a bit depressing, but all the kids were keen to play games or listen to stories, and were really positive, considering they were sick. It was a really good thing to do...” Students also talked about how great the nursing staff there are, and what a good set-up that ward is for the kids. James said, “... we did give up our lunch, but we were happy to. We felt really good after the visit...” SRC would like to say a big thank you to Stewart Cullen of Cullens Bus Lines for donating the bus for our trip for free. Thank you also to Ms Ware and Lyndell for giving up some time to supervise.

The Caf’ Roster

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<tr>
<th>31st</th>
<th>Karen White</th>
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<td>1st</td>
<td>VOLUNTEER NEEDED PLEASE</td>
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<td>Work Placement student</td>
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<td>VOLUNTEER NEEDED PLEASE</td>
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<td>4th</td>
<td>Deb McMahon</td>
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<td>VOLUNTEER NEEDED PLEASE</td>
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<td>Sam Milthorpe</td>
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<td>9th</td>
<td>Work Placement student</td>
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<td>Jane Taylor</td>
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<td>11th</td>
<td>Jodie Sorensen</td>
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155 High Street, WODONGA 3690 VIC
Voice/ Land Line: (02) 6022 8888
Fax: (02) 6024 5792
1800 number: () 1800 657 573
Email: info@gatewayhealth.org.au
(enquiries only)

for a full list of services offered.

www.rutherglenhs.vic.edu.au

Keep up-to-date—Stay informed—Check your website regularly— EVENTS CALENDAR, your STUDENT EMAIL account, WORLD BOOK ONLINE (username: ruther password: library), your LIBRARY account, RHS CAREERS , the STUDENT DAILY BULLETIN. . . . . . .

CyberSmart

www.kidshelpline.com.au
www.cybersmart.gov.au
www.thinkuknow.org.au
1800 55 1800