Remembrance Day

Last Wednesday I attended the Remembrance Day ceremony at the memorial park. The school was well represented by Year 9 students Adam Shale and Amelia Taylor who laid a wreath on behalf of past and present students. Gemma Ramsay also played the Last Post on her trumpet. Thank you and congratulations to those students.

End of Year Arrangements

Year 11’s finish their Year 12 Head Start program tomorrow, 20th November. They are only required to attend school next week if they have to participate in make-up exams and/or complete set class work.

Year 10 students will finish school on Friday 4th December. All students should ensure they are completely up to date with work and have submitted work to their teachers by the due date.

Students in Years 7-9 will have regular scheduled classes until the end of year activities program which will commence in Week 10 of term.

Hospitality Dinner

The VET Hospitality classes put on a dinner to show their front and back of house skills in areas including catering, serving and beverages. They were lead by Hospitality teacher Brooke Rasmussen, ably assisted by Lorraine Foster and Patsy Skate. The parents, siblings and staff who attended were very impressed with their skills and the students also made a presentation to Brooke to thank her for the extra hours and effort she puts into this great program.

Recently Jarrod Curran and Drew Hiskins competed in the VSSSA State Golf Championships at the Long Island Golf Resort.
At the start of this year, the Year 9 boys were invited by Indigo North Health to participate in a program funded by the Federal Government called Healthy Active Australia. 12 students volunteered to participate in the program with the promise of “a fairly good reward” if all work went according to plan – the reward was unknown to these students until further down the track. The 12 boys were Tom Hall, Gary Douglas, Nathaniel Schmidt, Todd Kelly, Charlie Williams, Milan Keljin, Mat Haines, Michael McKay, Lyndon Sarah, Axl Lohse, Joel VanKerkkoerle and Darian Gaffy.

For the duration of term 1 and term 2 these boys researched information on healthy eating for chronic disease prevention, the effects of alcohol and drug use on mental health, and the effects and cost to the community by those involved in domestic violence. The end idea was to put together information that could be used within the community to educate young people on these areas. After two terms of hard work the boys were informed of their reward, a day in Melbourne on the 6th of November.

By the end of term 3 the research was completed as were the final presentations. The boys then held an information breakfast at the High School to present their findings and enable another 6 students the chance to participate in the Melbourne trip. The result was one extra student, Matt King, and his father being invited to the day in Melbourne.

On Friday the 6th November at 6:00am, 12 Rutherglen High School boys and 8 fathers boarded a bus for a day trip to Melbourne. Although there was some excitement in the group, the first two hours of the trip was fairly quiet. As we got closer to Melbourne the group became a little more animated.

First stop was the MCG; the group of 20 was taken on a tour of the facilities by two very enthusiastic hosts, Matt and Malcolm. After a 45 minute tour the group was lead to the Hall of Fame and the activity room. The group was able to participate in a range of activities and explore some of the interesting facts on display at the Hall of Fame. At the end of a fairly active 45 minutes in the Hall of Fame, the group stepped back onto the bus for the next part of the reward.

Healthy lunches were eaten on the bus and after a 20 minute drive the 20 participants stepped off the bus at Calder Park to experience 5 laps in a V8 supercar- as passengers. Thanks to the generosity of the V8 race group, the fathers were offered the chance to drive the supercars instead of being passengers –most took up the offer! The professional drivers gave the boys a good go in the cars, with all getting out excited that they got more than 5 laps. The Dad’s were equally excited when they left the pits with all 20 participants buzzing with excitement by the time we were ready to board the bus and head back to RHS. The trip home was a little more animated than the trip down. The talk was definitely on their experiences through the day.

I would like to thank Phil Rogers, Julie Whitehead, Ron Webb and School council for giving Indigo North Health the chance to work in partnership with the school to provide a unique and innovative learning environment for the Year 9 boys.

I would like to thank all participants in this project. It has been fantastic working with the boys on the project; they worked hard, learnt lots but also had some fun during the research time. As for the day in Melbourne, it was great to see everybody really enjoy the reward offered.

Debbie Hogg  
Project Officer  
Indigo North Health

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**OPENING OF THE WAHGUNYAH TO RUTHERGLEN MURRAY TO MOUNTAINS RAIL TRAIL**

**Where:** Rutherglen Wine Experience, 57 Main St, Rutherglen  
**When:** Sunday 29 November, 10.30am  
**Bring your family down with the bikes and ride the 8.8km Rail Trail for the first time.**

The Rutherglen Rotary Club is supplying a sausage sizzle and drinks to feed and water the hungry bike riders.

A best dressed bike competition for the children will be happening, with great prizes so dress up your bike and ride on down!
For the year nine camp we went to Ballarat and Queenscliff to experience ‘Life on the Goldfields’ and ‘Coastal Processes’. This was part of our Inquiry subject at school.

The camp was action packed and we had a great time while we were away. The activities that everyone enjoyed most was going to Sovereign Hill, which included learning to gold pan, seeing a gold bar being made, taking a mine tour and walking around Sovereign Hill and learning about what life was like for miners and their families on the gold fields. Also at night we went back to Sovereign Hill to watch a Light and Sound show which was very enjoyable and relaxing as well as educational.

Another activity students enjoyed was doing a tour of the Fort in Queenscliff which was a lot more fun than we originally thought. On the Fort tour we learnt about the history of the defence of Victoria and got to see cannons and missiles. We also saw the ‘Heads’ which boats leave Port Phillip from and we saw a ship leaving as we were walking around.

We went on a Marine Biology boat cruise, which was fun for most people. (Not for the people that chucked up!) On the cruise we got to see seals sleeping and swimming around a shelter, which was made for them because the old one wasn’t safe. We also got to sift through and find living things from the sea which we then sorted into buckets and identified.

Overall everyone who went on the camp enjoyed the activities we participated in. (the photos show this). We would like to thank Ms Collins, Ms Coppolino, Mrs Whitehead, Mr Jakober and Mr Webb for organising and coming on the camp.

By Brittany Stones
FUNDRAISER FOR ATAURO ISLAND A SUCCESS

On the 23rd of October Kayla Cooper and Georgia Dunstan held a Trivia Night at the Victoria Hotel with help from the 9 Alive Program.

The Trivia Night was held for our sister school on Atauro Island, East Timor. The money the girls raised on the night went to putting composting toilets on the island which will allow villages to improve their hygiene.

There were many fun and exciting rounds of trivia and many interesting raffle prizes given put on the night. In total $800 was raised which will help 15 families have better living conditions.

The girls would like to thank everyone who helped out on the night, setting up, who participated in the trivia and especially those who donated prizes.

The girls would also like to thank Mr Webb for helping them stressful organise the night and being MC even though he had just gotten back from year 8 camp.

We would like to thank the following sponsors of the Trivia Night;

Silver Key Café.  Miegels Chemmart Pharmacy Rutherglen.  Mitre 10 Hardware Rutherglen.
Passion Flora.  Rutherglen IGA.  Café 140.

By Kayla Cooper and Georgia Dunstan.

Language Centre at Wodonga Middle Years College

Huon Campus 2010

Study a Language Other Than English in 2010

The Victorian School of Languages (VSL) is a government school committed to the provision of language programs for students in Years 1-12 who do not have access to the study of those languages in their mainstream schools. The school's language program is delivered through both face to face teaching in centres across the state (13,000 students) and through distance education mode (1,400 students). 44 languages are taught in 34 centres throughout Victoria.

The Language Centre in Wodonga has been going for six years and runs several languages outside school hours. The aim is to assist all schools with the delivery of their language program by increasing the number of language choices available to students. The classes do not compete with schools but provide additional languages for students. The classes run outside school hours, one afternoon after school, at the Huon Campus of Wodonga Middle Years College in 2010.

Enrolments are being taken now.

- The classes are available to all primary and secondary students from government, catholic and independent schools
- Classes are available to students in Wodonga, Albury and surrounding areas
- Adults are also welcome to apply – we have increasing numbers enrolling
- The languages and levels which actually run depend on student demand.
- The annual charge for 2010 is $65 for students and $200 for adults

The starting date for classes will be February 8th and 9th 2010

Please contact Wodonga Middle Years College on 02 6057 9000 or Laurie Frost on 0427 564480 or email frostcrom@bigpond.com as soon as possible if you are interested or wish to obtain further information.

Expression of Interest Forms can be obtained from the RHS Office.
You are invited to a session with Dr Mel Levine

Different minds learn differently

Dear Parents

An exciting opportunity is available for you to meet with, and listen to a world renowned expert on brain development and its effect on learning ability in children.

*America’s top learning expert shows how every child can learn and succeed.*

Dr. Mel Levine is a paediatrician who has devoted his career to the study of learning and development. In particular he has focused on school-aged children who are not succeeding in school. He has developed a framework for understanding the specific strengths of these children, a way of identifying the learning areas that they may find challenging and strategies that could be helpful. His focus is on developing children’s strengths and talents rather than the use of labels to categorise their learning difficulties.

Dr. Levine is the author of numerous textbooks, including *A Paediatric Approach to Learning Disorders, Developmental Variation and Learning Disorders, Developmental-Behavioural Paediatrics, and Educational Care*. In addition, he has written a number of books for parents and the general public; among them *A Mind at a Time* (number one of *The New York Times* bestseller list), *The Myth of Laziness*, and *Ready or Not, Here Life Comes*. Also, he is the author of several books aimed at children with learning difficulties. Dr. Levine has written nearly 200 papers in the scientific literature.

Dr. Levine was the cofounder of *All Kinds of Minds*, a program to train teachers in the use of his model of neurodevelopmental assessment and management. He is currently the director of *Bringing Up Minds* whose website *bringingupminds.com*, provides information and tools to help parents understand and meet the unique needs of individual growing minds.

This session is provided free of charge to parents of state school students in the Hume Region.

**Tuesday 1st December 2009 – Two sessions available**

*Morning session 10.00am to 12.00pm or*  
*Afternoon session 2.00pm to 4.00pm*

**Raffety’s Restaurant, Nunn Street, Benalla**

This event is provided free of charge by the Department of Education & Early Childhood Development. Light refreshment will be available at both sessions.

**Bookings are essential** and can be made by contacting Helen Langborne, Acting Manager, Stakeholder Relations on or by telephone on 5761 2108.

*Planet Earth is inhabited by all kinds of people with all kinds of minds.*
Sports day for the Vision Impaired.

On Tuesday 10th November, 6 vision impaired students from around the area joined our own students, Nathaniel and Emma-Mae for a fun filled few hours. Joined by visiting teachers, parents and aides, the students enjoyed lunch and getting to know each other. Louise Pettigrew, Recreation officer from Vision Australia, then set the pace by introducing ball skills, darts, (played with balls and stick-on darts), swish (table tennis), croquet and tunnel ball. A lot of misses and laughing, and running after balls that would insist on running away from us. The day ended with a game of goalball, which involves a lot of diving to the floor to catch the ball.

“It was interesting to see the many different sports, blind people can play,” said Emma-Mae. The best part of a day like this is for the kids to meet each other, participate and have fun.
Literacy / Numeracy Celebration Afternoon

Literacy and numeracy skills were practiced and celebrated by year 7 and 8 students. The group competition for early marks was won by 7D whose group organisation was excellent. Students were randomly put into groups to do three activities.

“Use the code” gave each group a number which they had to use in a poem with their names. Winners in this section were Lisa, Rylie, Kirsty and Gordon who adapted an old rhyme

Twinkle twinkle little star,
How I wonder what you are,
2 5 4 stars in the sky
Rylie and Kirsty looked up high
Gordon and Lisa said goodbye.

The puzzle sheet proved a challenge but five teams had a perfect score

Names for the “IT” in the fractured poem were very inventive ranging from Robot Man, The Unidentified Thing “and UFO to Bernie, Blob Bloop, Peggi and Shblob just to mention a few. Winners with the fractured poem in the right order and a beautiful drawing and the name of “Uncle Telly” were Emma, Kristal, Phoebe and Jake.

The Team of Adrian and Mitchell answered the most trick questions and the overall winners for the afternoon were Caragh, Madeline, Chloe W and Meredith.

I would like to thank all the Year 7 and 8 students for joining in and working well together.

Mrs Gillick

A few of the other poems

42 is the number for Drew, 82 is what Tristan knew, 85 is Chevelle’s jive, 47 is Sarah’s dive, But 256 is our number mix.

Alex drives cars, Kiah goes to Mars, Maddie goes to war, Kate becomes poor, With only 180 dollars.

Emma-Mae likes to eat chocolate, Rebecca has a beautiful locket, John likes to barrack for Collingwood, Jesse watches movies from Hollywood, but all of these people hate their number 208.

Emma was sitting on a chair, Bek was brushing her hair, Emma was climbing a stair, Henry was looking at pears, They weighed 188 bears

Grace is very kind, Breanne is of similar mind, Their name score added together, Will stay the same forever, and that is 123.

Demi and Jayde went shopping, As Troy stayed at home mopping, Jayde bought 126 sponges, Troy and Demi did lunges, With all this shopping and mopping, sponges and lunges, They had lots of fun.

Once upon a time lived four Chickie Dees, Who lived on a street number 243, Demi the darling, Bridget the beauty, Georgia the gorgeous, And Squirt the smallest.

Phraethong likes to play in the sun, Sara would like to go for a run, Adrienne she just wants to have fun, But the one thing that we do definitely share is out number 237, fair and square.

Madeline sat on a chair, While she was eating a pear, Meredith saw a bear, Chloe screamed out “WHERE”, Caragh said over there, At the 301 street fair.

A is for Adrian who likes to run, M is for Mitchell who likes to have fun, We love to run around in the sun, Our team score is 161, We have completed this poem, now it’s done.
DATES TO REMEMBER

**Headstart Program**
9-20th November

**Great Victorian Bike Ride**
27th November—6th December

**Year 7 Orientation Day**
8th December

**Presentation Evening**
16th December

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**BREAKFAST PROGRAM**

**FOR STUDENTS**

**WHEN?** Thursdays, 8.15am to 8.50am

**WHERE?** RHS Community Centre

**WHAT'S ON?** Milo, Tea, Coffee, Toast, Cereal….sometimes pancakes, smoothies and more!

AND….IT’S ALL FREE!!

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Thanks so much to **Rutherglen Bakery** for their weekly donation & spread, in continued support of our breakfast program.

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**2nd Hand Books for 2010**

**Wanted to Buy**

- Sheree Oats 03 5726-1203
  - Year 7- ICE-EM 1A, ICE-EM 1B, Tapis Volant
- Wendy Cooper 6032-9265
  - Year 7- ICE-EM 1A, ICE-EM 1B,
    - Year 10- ICE-EM 4B
- Sharon Hamilton 0427 347 505
  - Year 8—2 sets ICE-EM 2A, 2 sets ICE-EM 2B
- Kieran Mollison 0427 596 999
  - Year 11—PE VCE Units 1/2 (Nelson)
    - D & T Workbook
    - Psychology
- Oliver Stedman 0411 624 012
  - Year 11—PE VCE Units 1/2 (Nelson)
    - D & T Workbook
- Sam Bowers 0417 329 650—D & T Workbook

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**2nd Hand Books for 2010**

**Wanted to Sell**

- Kieran Mollison 0427 596 999 Year 9—ICE-EM 3B

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**RUTHERGLEN HIGH SCHOOL**

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Phil Rogers

**Assistant Principal:**
Ellen Rankin

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