Principal’s Report

Cross Country
The Cross Country was scheduled for Thursday 26th August. However after inspecting the Lake Moademere area we have postponed it because of the conditions. We will notify parents and students after we have re-scheduled the event.

PT & CA Meeting
The next PT&CA Meeting will be in the school Library at 7Pm on Thursday 26th August. We will be planning aspects of the Senior Formal and Rutherglen Show BBQ but there will also be time for socialising and informal discussions. Everyone is welcome.

State Schools Spectacular
You may have noticed the sign at the front of the school proclaiming us to be a “Spectacular School.”
This is because Jenna Collins has been working with a group of students who will participate in the State Schools Spectacular (‘Shine On 2010’) in Melbourne on Saturday 18th September. Hundreds of students participate in this event, thousands watch it live at Hisense Arena at Melbourne Park and it is broadcast on Channel 7. Good luck to the 19 girls involved in the program.

School Production
The School Production “Romance on Main Street” is on this Thursday and Friday at the Rutherglen Memorial Hall. Tickets are $10 for adults and $5 for students/children. Get in fast because it will be a great night and great value.

League Best and Fairest
Milly Keljin has taken out the Best and Fairest for Under 18 C Grade Netball in the Tallangatta and District Netball League. Not surprisingly she also won the Best and Fairest for the Rutherglen Cats. Well done Milly.

At this time of the year many local teams and clubs are awarding trophies. Please let the school know so we can publish results and photos in the newsletter. You can phone the school on 02-6032-9483 or email details and photos to rutherglen.hs@edumail.vic.gov.au

Information Evenings
For Year 10 students going into Year 11 ion 2011 – Wednesday 25th August
For Year 11 students going into Year 12 in 2011 – Wednesday 1st September
Lucinda Palmers Path way to Rutherglen
By Ashleigh Harris & Amber Hazelton-Reynolds

In Year 10 Lucinda Palmer decided that she wanted to be a teacher after completing year 12. She started a teaching degree but later took a year off to explore the world.

On her trip overseas she worked in hospitality and retail but she realised that her heart lay in teaching, so she came back to Australia to finish her degree.

Her first teaching job was at Wangaratta High School. She stayed there for three years before moving to Rutherglen. She likes coming to Rutherglen as it is closer to home and a smaller school which means she really gets to know the students.

Lucinda has had a great journey in life to get to where she is now and has many more memories and changes to come in life and at Rutherglen High.

---

Wanted - Guide Leaders

Rutherglen Girl Guides needs additional leaders; no experience required just a willingness to join a world wide organization and have fun.

Rutherglen Guides meet on a weekly basis during Victorian school terms. All leader costs are covered by the local Rutherglen Girl Guides support group including training and uniforms.

Applicants need to be 18+ (female) and willing to undergo a Victorian Police and Working with Children Check

Please contact our District Leader Anne for more information

ph: 02 6032 9699   Mob:0428329699
email: annabelles@dodo.com.au
We would like to introduce Mark Anthony Nesbitt. He is a teacher at Rutherglen High School. The subjects he teaches are Maths, Chemistry and Science. He is also the Senior School Coordinator so he is very busy around the school. He is an ardent Geelong Supporter.

He enjoys teaching because he likes helping students and takes a great deal of satisfaction from seeing students achieve their goals and dreams. He has been teaching for a little over 30 years.

He chose to teach at Rutherglen High School because his parents lived in Chiltern and he wanted to come back and help out his family. He believes it was a good spot to bring up his children.

His worst moment at Rutherglen High School was when he ran over the school cat and killed it! This is the reason why all kids fear him.

His funniest moment at Rutherglen High School was watching Mrs Courtis attempt her first titration.

If he wasn’t teaching he would be working on the farm or an Optometrist.

Some of Mr Nesbitt’s highlights that he has endured over years are teaching his son and daughter at school and attempting to run a marathon with Mr Cleary.

**Echuca Clay Target Shooting Competition**

On Thursday 12th August, 13 students accompanied by two parents and Mr Rogers travelled to Echuca to compete in the Winchester/VCTA Clay Target School Students Championship eliminations. After an early start (7 am!) we arrived at Echuca to discover the rain had cleared but the ground was underwater and the wind was very strong.

The students competed very well with the two teams coming 2nd and 5th out of over 35 teams. On an individual basis, Kacey Shale came 3rd in the Senior Girls (over 15) and Demi Shale came 2nd in the Junior Girls (under 15). They have qualified for the State Championships at Bendigo on Monday 6th September. Virtually all of the students improved their previous scores and everyone behaved very well and enjoyed the day.

The Field and Game shooting competition will take place in Benalla in October. Interested students with Junior Shooters Permits should contact Mr Rogers and attend practice sessions at the Rutherglen Gun Club on Wednesdays between 4:00 and 5:00 pm starting in two weeks.

Special thanks to Gaye Shale and the Gun Club members for assisting with training and Peter Williams for helping everyone on the day.
Real Care Program

The Unit 2 Health and Human Development class have recently been experiencing what it would be like as a teenage parent. The Real Care Program involves students looking after an amazingly realistic infant simulator for a period of 7 days that offers learning by doing. It allows for students to gain a greater understanding of the roles and responsibilities of parenting and the needs of infants. Throughout the baby’s care it requires feeding, burping, rocking and nappy changing. It also must not be dropped or shaken and the head must always be supported, just like a ‘real’ baby.

The program is one of the students’ assessment tasks for the semester and is intended to help students understand that:

- Each infant is unique and requires a great deal of love, time and attention
- Infants’ demands are unpredictable but must be met promptly
- Parenting responsibilities impact ones lifestyle profoundly and should only be taken on by someone prepared for that responsibility

The Real Care Program fits in nicely to the curriculum by covering and making students aware of physical, social, emotional and intellectual development throughout infancy. It also makes students conscious of the determinants of health and individual human development including the physical (eg. housing environment) and social environment (such as access to childcare, school-life balance, social support and parental education).

While looking after the babies, students are required to complete a booklet that involves reading information (on topics such as SIDS, breastfeeding and safety in the house), completing quizzes and a diary of their baby’s movements/needs throughout the 7 days.

What are you looking forward to about having to care for the baby?
“Growing a bond with the baby and seeing how a baby interferes with everyday life. Also, the cute noises it makes.” Bria Niven, 17

What are you not looking forward to about having to care for the baby?
“Being woken in the morning!” Kelly McInnes, 17
“People judging, the huge responsibility, and people thinking they know better.” Kelly McInnes, 17

What were some of the positives of looking after the baby?
“You became attached to her.” Laura Seymour, 16
“It taught me how to care for a baby and you actually become quite protective of him.” Georgie Parkin, 16

What were some of the negatives of looking after the baby?
“People try to tell you what to do, how to look after it and that you’re doing it all wrong.” Georgie Parkin, 16
“It makes even simple things like taking a shower or walking to class extremely difficult” Laura Seymour, 16

Overall, the students found the Real Care Program quite a challenge but felt the experience was definitely worthwhile.

Mrs Hunter
Health & Human Development Teacher
THE ARTS CONNECT 9 PROJECT

On Tuesday the 3rd of August all the year nine went down to Melbourne for Arts Connect 9. Our day started with us being on the bus by 6.30am, from there it was a three hour trip to Melbourne. We arrived at the Melbourne Arts Centre to watch a performance called ‘The Tragical Life of Cheeseboy’. The performance took about an hour including a question and answer session afterwards. We then took the bus to the South Wharf DFO and we got 2 hours to get lunch and if we wanted some shopping, that we had to self fund for. We all had to meet back at the bus at 1:15pm and headed toward the IMAX Theatre. We were booked in to go and see a film called ‘The Human Body’. When we arrived at the theatre we had been told we were booked into a different film called ‘Under The Sea’. This film was in 3D and lasted for 40 minutes. As soon as the film finished we all went outside and got a group photo (first photo below). We went back to the bus and then we set off to go home. On the way home we stopped at Wallan for a break to buy food and go to the toilet. When we were done there we started to head home once again. We arrived at home at about 7-7:30pm.

Written by Taylah Menzies, Beth Tobin and Maddi Connell.

Rutherglen Tennis Club AGM Meeting.
Wednesday 25th August (7.30pm at the Club House)
All welcome. Apologies or further information from Helen 02 6032 9168

Thanks
Centrelink is encouraging students and their families to consider their options when further changes to Youth Allowance and ABSTUDY come into play from 1 July 2010.

From 1 July there will be an increase to the Parental Income Test threshold for dependent Youth Allowance or ABSTUDY customers. Youth Allowance and ABSTUDY recipients with parents earning up to $44,165 a year will qualify for the full rate of payment (not including any earnings a student may get from part-time work). This will mean an increase in fortnightly payment for many Youth Allowance and ABSTUDY customers and many families will be able to access these payments for the first time.

If students are thinking of claiming Youth Allowance, or if parents or guardians need to advise Centrelink of their income, they can skip the queue and claim online. Please find below more information about how to use Centrelink’s Online Services, you can also visit [www.centrelink.gov.au](http://www.centrelink.gov.au).

### How do I claim online?

1. Go to [www.centrelink.gov.au](http://www.centrelink.gov.au) and select ‘Online Services’ from the left hand menu.
2. You need to register for self service. ** Already registered?**
   - Logon - Enter your Customer Access Number (CAN) and password.
   - **Not registered?**
     - Register – you will need some basic personal details and your Customer Reference Number (CRN) if you know it. Once registered, you can logon to access online services.
3. Select Apply for a Payment > Make a Claim from the menu.
4. Answer the claim questions.
   - Handy things to have are your bank account and tax file number. You can save and exit the claim at any time, but remember you should complete it within 14 days—the sooner Centrelink has your claim, the sooner your entitlement can be assessed.
5. Review your answers, submit the claim and Centrelink will advise what you need to do next. Details will include any verification documents and forms that you will need to provide. You are given 14 days to provide these documents—the sooner Centrelink has them, the sooner your claim will be processed.

### How do I advise parental income online?

1. Go to [www.centrelink.gov.au](http://www.centrelink.gov.au) and select ‘Online Services’ from the left hand menu.
2. Are you, the parent/guardian, registered for self service?
   - **Already registered?**
     - Logon—with your Customer Access Number (CAN) and password, then select the ‘Advise Parental Income’ option from the 'Income and Assets' menu option.
   - **Not registered?**
     - Select—the ‘Advise Parental Income’ option on the Online Services page of the Centrelink website.
3. Enter either the claim ID number or the Centrelink Reference Number (CRN) of the child/ren for whom you are providing details. You may also be required to provide your Centrelink Reference Number (CRN).
4. Answer the questions and provide all requested details.
5. Review your answers, then submit the claim and Centrelink will issue a receipt number for the information provided. We will also display any important information for the parent/guardian.
RUTHERGLEN FIRE BRIGADE
ANNUAL CLAY TARGET
SHOOT

WHERE:
RUTHERGLEN CLAY TARGET CLUB
JONES RD RUTHHERGLEN

COST:
$40.00 INC. BBQ
LUNCH
$20.00 JUNIORS
$30.00 LADIES

WHEN:
SUNDAY 12TH SEPTEMBER 2010

EVENT:
60 TARGETS
SIMULATED FIELD NOVELTY & TEAM EVENTS

* TEAMS OF 5 FIREMEN OR NON FIREMAN
* FIREMAN TEAMS MUST HAVE AT LEAST 3 FIREMEN

REGISTRATION:
10.00 HRS---11.00HRS
FOR AN 11.00am START

ENQUIRIES:
RON EGGLESTON---0260 331 452
JOHN CATTERALL—0260 329 431
Thursday and Friday 19th and 20th August
SCHOOL PRODUCTION

Monday 23rd August
Senior Girls Hockey

Wednesday 25th August
Yr 10-11 Info evening

Wednesday 1st September
Yr 11-12 Info evening

Friday 3rd September
Yr 8 movie day

---

**BREAKFAST PROGRAM**

**FOR STUDENTS**

**WHEN?** Thursdays, 8.15am to 8.50am

**WHERE?** RHS Community Centre

**WHAT’S ON?**
Milo, Tea, Coffee, Toast,
Cereal…sometimes pancakes, smoothies and more!

**AND….IT’S ALL FREE!!**

---

IF YOU WISH TO HAVE YOUR NEWSLETTER EMAILED PLEASE CONTACT THE SCHOOL WITH YOUR DETAILS.

www.rutherglen.hs@edumail.vic.gov.au

THE SCHOOL’S WEBSITE IS NOW OPERATIONAL WITH INTERESTING INFORMATION REGARDING THE SCHOOL, INCLUDING PAST AND CURRENT NEWSLETTERS. LOG ON TO:

www.rutherglenhs.vic.edu.au

---

**RUTHERGLEN HIGH SCHOOL**

**Principal:**
Phil Rogers

**Assistant Principal:**
Jennie Ward

**Phone:** 02 60 329 483
**Absence Line:** 02 60 329 818
**Fax:** 02 60 329 185

---

**CONTACT US...**

Sheridan's Bridge Road
(PO Box 84)
Rutherglen Victoria 3685

email: rutherglen.hs@edumail.vic.gov.au

website: www.rutherglenhs.vic.edu.au

Please email NEWS articles to: rutherglen.hs@edumail.vic.gov.au